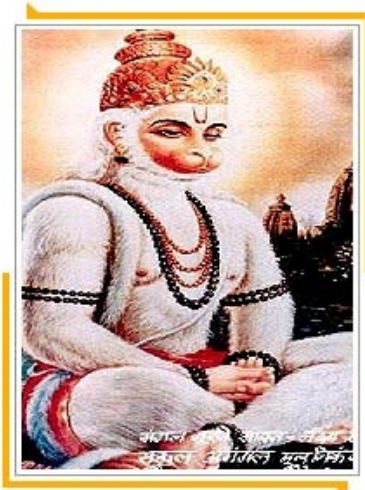


Weekend-Retreat

“Hanuman-Chalisa” and Seminar “Healingmantras from India”



The Hanuman Chalisa (Chalis: 40 in Hindi) is a poem by Tulsidas (an Indian poet and philosopher of the 16th century). It is written in the Awadhi language, consists of 40 verses and is one of the most chanted prayers in India.

It tells a tale of the great physical, mental and spiritual powers of Hanuman. In Indian mythology, Lord Hanuman represents the devoted servant, who with boundless loyalty and supernatural power always acts as a helper and rescuer. According to the Ramayana, no-one can surpass Hanuman in strength, gentleness and wisdom. The Hanuman Chalisa has gained enormous popularity in modern-day India. Many Indians chant it like a prayer every day (or every week, as a rule on Tuesdays and Saturdays).

Each of the 40 verses of the Hanuman Chalisa conveys a special form of blessing and has the power to transform various difficulties in our lives. Freedom from fear, greater enthusiasm, clarity of thought and self-confidence can result from this.

On weekend, the Hanuman Chalisa is recited for up to 10 hours to bind us together with the powerful energy of Hanuman. In the ancient Indian scriptures it is written that Hanuman himself appears and listens when someone recites the Hanuman Chalisa.

It is also written that negativity, black magic and illnesses disappear from the lives of those who recite the Hanuman Chalisa at least 7 times. We will recite the Hanuman Chalisa 108 times, which - on different levels - will have an enormous effect on all of us.

Brief summary of Hanuman

Hanuman is the son of Wind God Vayu Vedic who gave him the ability to fly. Moreover, he can assume any shape imaginable.

In the Hindugod's epic Ramayana, Hanuman plays a major role as a war hero. From his birth on his strength and wisdom grew from year to year. One day he met the god Rama and his brother Lakshman. Rama was in search of his wife Sita who was abducted by the demon Ravana.

Hanuman saw that fate had chosen him as a servant of Rama and so he gathered an army to find and rescue Sita. Hanuman and his army found the hideout in Sri Lanka (Ceylon). The monkey god took the shape of a normal monkey and crept into Rawanas palace, where he found Sita, guarded by demons.

Sita was afraid about the talking ape, but Hanuman showed her a ring of Rama as proof of his intention. Sita did not want to be rescued by Hanuman, because the honor of Rama would be hurt, if he himself would not save his wife.

Thereupon Hanuman and his army destroyed the city walls and palace of the demon and killed a number of his guards. As part of the continued resistance the demon king Rawana set the tail of the monkey god on fire, which then assumed a gigantic form and with his tail set the whole city on fire.

Hanuman then brought Rama, who freed his wife from Lanka. Back in Rama's home the monkey army wanted to go home, but Hanuman - as a sign of loyalty to Rama - decided to stay. The Monkey King Sugriwa demanded a sign of loyalty, what Hanuman tore open the chest. Inside, he wore a picture of Rama and Sita. Because of his great devotion (bhakti), he is revered by the bhakti movement as a powerful master of magic powers (siddhis).

Because of the sanctity of Hanuman apes in Hanuman dedicated temples are living free as a bird to be fed by pilgrims.

Recommendation

- Chant the Hanuman Chalisa on Saturdays or Tuesdays.
- Chant the Hanuman Chalisa 1 time to protect and stimulate self-healing powers.
- Chant the Hanuman Chalisa 7 times for great protection against negativity and stimulate the healing of disease.
- Chant the Hanuman Chalisa 108 times for deep spiritual experiences, the transformation of negativity, disengagement from Karma and most powerful healing energy.

Weekend Expiration

Sept 23rd 2011 Friday evening - 07:00 p.m.

Introduction to the spiritual knowledge of Hanuman Chalisa, how we are chanting and expiration

Sept 24th 2011 Saturday - 10:30 a.m.

Start of the common chanting of the Hanuman Chalisa, which takes about 10 hours, where we take turns according to our vocal abilities

Sept 25th 2011 Sunday - 11:00 a.m. - 07:00 p.m.

Seminar with powerful Healing Mantras from India

Mantras are letters, a sequence of letters, syllables, words, sentences or even several sentences that are repeated constantly. This can be done in thought, humming softly, singing and talking, or even in energy-movement.

Every thought, every word is based on an energy field. When hundreds, thousands or even millions of people every day build that same positive energy field, this has a synergistic effect. When people all over the world have the same mantra, and if these energy fields are formed for centuries to millennia already, one can easily engage in this energy through mantras.

Higher energy fields give their energy to weaker. Through this even your own energy field can be initiated, so that the own vibration frequency increases, and the consciousness is expanded. Six billion energy fields every day - what chance is given to stabilize the energy field in the world to harmonize and strengthen positive, to clean it and raise it to a very high level of awareness.

The ancient Sanskrit mantras, Indian mantras, are so powerful because they have been thought and sung for so many centuries. It is as well to tune into these energy fields.

Hanuman Chalisa

Friday, 07:00 p.m. to Saturday, ca. 10:00 p.m.

Healing Mantras:

Sunday 11:00 a.m. To ca. 08:00 p.m.

Price for Friday and Saturday: EUR 108,00 Euro

Price for Sunday: EUR 108,00 Euro

Price for booking the whole weekend, both seminars: EUR 210,00

It is possible to participate only in the Hanuman Chalisa or just the seminar.

For campers and tent a daily supplement of EUR 10.00 is to pay – for staying in a Tipi EUR 15

On [YouTube](#) you can listen to the whole Hanuman Chalisa in advance

Hanuman Chalisa with english translation [here](#)

Seminar Place:

Hochbuchstrasse 19
78253 Eigeltingen
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For appointments and information please contact

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